**SURGICAL DAY CARE DISCHARGE INSTRUCTIONS FOR**

**UPPER ENDOSCOPY / COLONOSCOPY**

1. You may feel drowsy for the entire day.
2. Do not drink alcohol, drive a car, or participate in any other activities that require balance, operation of hazardous machinery, making important decisions or signing of a legal document for 24 hours.
3. Resume previous diet as tolerated unless otherwise instructed by physician.
4. You may experience bruising at the IV site. If area becomes swollen or more sore as time passes, contact your physician at (716) 434-6141.
5. You will receive a follow-up call from one of our team members the following business day. Please contact us sooner if you are having any problems at (716) 434-6141.

**Gastroscopy**

You may have a sore throat. Report any unusual chest pain or fever to your physician or go to the Emergency Department at the hospital immediately.

If a biopsy was taken; report any bleeding or black bowel movements to your physician

**Colonoscopy**

You may experience some bloating or gaseousness for a while.

If a biopsy or polyp was removed; report any unusual abdominal pain or excessive

bleeding to your physician, or go to the Emergency Department immediately.